

CORRIDA DE VERÃO 2020

Relatório Geral - 11KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	334	CLAUDIANE COELHO	F3539	-	AMACORR	00:04:28	13,46	00:49:03
2	44	GERLANE ALVES	F3034	-		00:04:35	13,07	00:50:29
3	491	NATALIA CUSTÓDIO MIGUEL MENDES	F3539	-		00:04:49	12,45	00:53:00
4	490	NATÁLIA CAMPBELL	F3034	-	CENTERFIT	00:05:01	11,96	00:55:10
5	378	ELIZANGELA FRANCISCO LOUZADA	F4549	-	QUALLY	00:05:05	11,81	00:55:54
6	16	ZENI APARECIDA DA COSTA TONOLI	F4549	1	ENICIO PEREIRA	00:05:07	11,71	00:56:21
7	312	ALINE CECÍLIA PEREIRA PIMENTEL	F4044	1	HÉLIO FERREIRA	00:05:11	11,56	00:57:05
8	523	ROSELANIA ALVES	F3034	1	AMACORR	00:05:16	11,41	00:57:51
9	361	EDILENE BRAGA DA SILVA	F3539	1	CORPOESAUDE	00:05:16	11,40	00:57:55
10	630	RAQUEL RODRIGUES DA SILVA	F4044	2	HELIO FERREIRA - CARATINGA MINAS	00:05:16	11,39	00:57:57
11	46	NAIRA BRASIL SOUZA SILVA	F4549	2	TEEM FR	00:05:19	11,30	00:58:25
12	444	JULIANA TEIXEIRA	M3539	1	ANCHIETA RUNNERS	00:05:20	11,26	00:58:36
13	571	DANIELA SOARES DOS SANTOS	F3539	2		00:05:22	11,17	00:59:05
14	414	JACQUELINE VASCO MACHADO	M3539	2	AMARELINHOS RUNNERS	00:05:24	11,10	00:59:27
15	481	MARINA DA PENHA MENDONÇA	F5054	1	RAIOS RUNNING	00:05:25	11,08	00:59:35
16	439	JOSILEIA DE OLIVEIRA SILVA	F3539	3	CORREDORES DE ELICENÓPOLIS	00:05:27	11,01	00:59:57
17	376	ELISANGELA REIS DE OLIVEIRA	F4044	3	RAIOS RUNNING	00:05:31	10,87	01:00:44
18	350	DEBORA VASCONCELOS	F4549	3	RAIOS RUNNING	00:05:33	10,81	01:01:02
19	596	JACIRA DE SOUZA SANTOS	F4549	4	ENICIO PEREIRA	00:05:33	10,80	01:01:08
20	348	DARLENE DA SILVA MOTA DE ASSIS	F4549	5	SERCON CONTABILIDADE	00:05:36	10,71	01:01:38
21	30	ELUCIMAR FERNANDES LEAL	F4044	4	EDIPO RUNNING	00:05:37	10,67	01:01:51

22	423	JESSICA LIMA PORTUGAL FERREIRA	F2529	1		00:05:40	10,58	01:02:23
23	342	CYNTHIA ROVETTA	M4044	1	MR RUNNERS	00:05:42	10,52	01:02:46
24	453	LIGIA BEATRIZ ALTOE	F4549	6	ITAÓCA	00:05:43	10,51	01:02:49
25	389	FERNANDA CIRINO	F3539	4	TURMA DO HARAS	00:05:44	10,47	01:03:03
26	551	VANILDA FERREIRA	F4044	5	RAIOS RUNNING	00:05:46	10,41	01:03:23
27	410	IVANETE MENDEL BENTO	F3539	5	CORPO E SAÚDE	00:05:46	10,40	01:03:27
28	537	SILVANA CESCONETO BISSACO	F3034	2	STUDIUM FITNES	00:05:48	10,35	01:03:47
29	522	ROSANIA DAS GRAÇAS BISSACO JUBINI	F3539	6	STUDIUM FITNESS	00:05:48	10,34	01:03:48
30	391	FERNANDA TRINDADE ROMAN	F3034	3	CENTER FIT MURIAE	00:05:48	10,34	01:03:50
31	563	ALVANI RODRIGUES PEREIRA DE SOUSA	F4549	7	RAIOS RUNNING	00:05:50	10,28	01:04:14
32	440	JOSMA ALVES DE BARROS SILVA	F3539	7	CORPO E SAÚDE	00:05:51	10,26	01:04:18
33	464	LUZIVANE ANDRADES	F5559	1	LUZ&MAR	00:05:51	10,26	01:04:18
34	558	ZEFERINA LIMA DE CASTRO	F5054	2	SERCON CONTABILIDADE	00:05:51	10,26	01:04:18
35	5	ROSA REGINA CANAL	F5054	3	CORREDORES DE RUA DE CASTELO	00:05:52	10,23	01:04:32
36	321	AVANI MATEUS DA SILVA	F4549	8	RAIOS RUNNING	00:05:54	10,18	01:04:49
37	531	SELMA PEREIRA ROCHA	F4044	6	SERCON CONTABILIDADE	00:05:54	10,17	01:04:52
38	307	ALEKSANDRA KAROLCZACK	F4549	9	RUNNER SOUL	00:05:55	10,14	01:05:05
39	447	JULIVANIA TEIXEIRA RIBEIRO	M3539	3	ANCHIETA RUNNERS	00:05:55	10,14	01:05:06
40	579	ELAINE MARTINS ALVES ALCANTARA	F3539	8	ENICIO PEREIRA	00:05:58	10,04	01:05:43
41	477	MARIA DAS GRAÇAS LOPES	F5559	2	AMACORR	00:05:59	10,01	01:05:55
42	465	JANAINA TEIXEIRA SILVA	F2529	2	MANHUMIRIM RUNING	00:06:04	9,89	01:06:46
43	452	LIANA DOS ANJOS FERREIRA	F4044	7	ANIMUS	00:06:06	9,83	01:07:09
44	333	CLAUDIANA ROCHA GARONA	F4044	8	RUM ENDORFINA	00:06:08	9,77	01:07:32
45	382	EVA BERNADINA DOS SANTOS	F5559	3	RAIOS RUNNING	00:06:09	9,75	01:07:42
46	371	MARCIA BATISTA DOS SANTOS	F3034	4	RAIOS RUNNING	00:06:12	9,67	01:08:15
47	475	MARIA CELIA CRUZ NONATO	F5559	4	RAIOS RUNNING	00:06:14	9,63	01:08:32
48	474	MARIA APARECIDA FERREIRA SANTOS DORNELAS	F4549	10	RAIOS RUNNING	00:06:14	9,62	01:08:36

49	483	MARIESELENA PACHECO	F4044	9	MANHUMIRIM RUNING	00:06:19	9,49	01:09:31
50	463	LUZIA LEITE DA SILVA	F4044	10	RAIOS RUNNING	00:06:22	9,42	01:10:03
51	432	GRASIELLE DE MATTOS VIEIRA	M4044	2	ANCHIETA RUNNERS	00:06:23	9,41	01:10:10
52	466	MARCELA DA SILVA CHIMENES	F3034	5	BOMJERUN	00:06:23	9,40	01:10:14
53	462	LUIZA BORGES MACEDO	F3034	6	RUNNER SOUL	00:06:24	9,37	01:10:25
54	485	MARLETE TRINDADE DA SILVA BRITO	F4549	11	RAIOS RUNNING	00:06:25	9,36	01:10:30
55	372	ELANE ALENCAR	F4044	11	ANCHIETA RUNNERS	00:06:26	9,33	01:10:43
56	47	LILIAM ROCHA	F3539	9		00:06:26	9,33	01:10:45
57	524	ROZILENI DA SILVA BRUM	F5559	5	SERCON CONTABILIDADE	00:06:26	9,32	01:10:49
58	578	KATIELE BITTENCOURT DA SILVA	F2529	3	EQUIPE BM	00:06:31	9,22	01:11:36
59	341	CYNTHIA LIMA BARBOSA	F3539	10	RUM ENDORFINA	00:06:32	9,19	01:11:50
60	562	ALESSANDRA DO SANTÍSSIMO	F4044	12	ANCHIETA RUNNERS	00:06:32	9,19	01:11:50
61	429	JOCIMARA MORAES DA PURIFICAÇÃO	F4044	13	ANCHIETA RUNNERS	00:06:32	9,18	01:11:53
62	411	IZABEL FANTECELLE STREY	F5559	6	RAIOS RUNNING	00:06:33	9,16	01:12:02
63	328	CARMEM LIMA DE SOUZA	F5054	4		00:06:33	9,15	01:12:08
64	404	HELENA EMILIA BORTOLOTTI	F6569	1	EDIPO RUNNING	00:06:34	9,15	01:12:10
65	332	CLAUDIA VEIGA FERREIRA	F4549	12	BOMJERUN	00:06:43	8,94	01:13:50
66	408	IRIS APARECIDA RODRIGUES SOEIRO	F3034	7	TEAMFR	00:06:44	8,90	01:14:07
67	401	GISELLE CUNHA	F3539	11	ASSESSORIA ESPORTIVA DADA LÉCIAS	00:06:48	8,82	01:14:49
68	388	FERNANDA CARREIRA MACHADO	F4044	14	ASSESSORIA ESPORTIVA DADA LÉCIAS	00:06:48	8,82	01:14:50
69	427	DELIZETE FERNANDES	F3539	12	RAIOS RUNNING	00:06:49	8,80	01:14:58
70	476	MARIA DAS DORES FERREIRA DA SILVA	F4549	13	SAPES	00:06:49	8,79	01:15:04
71	21	MARILDA BENTO DE OLIVEIRA MEDEIROS	F5054	5		00:06:50	8,79	01:15:07
72	577	EDINILZA J DO CARMO	F4549	14	NÃO	00:06:51	8,76	01:15:19
73	10	VANESSA BARROZO VELOSO	F4044	15	NÃO	00:06:52	8,75	01:15:28
74	467	MARCELA VENTURIM VOLPATO	F3539	13	RAIOS RUNNING	00:06:52	8,74	01:15:29
75	582	ELIZANGELA CRUZ DE OLIVEIRA TOLEDO	F3034	8	ENICIO PEREIRA	00:06:53	8,71	01:15:47

76	478	MARIA ELIZABETH LEONEL BARBOSA	F6569	2	GUARANI RUNNERS	00:06:54	8,70	01:15:53
77	425	JOANA ZUBACZ	F4044	16	AMARELINHOS RUNNERS	00:06:57	8,64	01:16:22
78	458	LUCIENE GONÇALVES ROCHA	F5054	6	RAIOS RUNNING	00:06:57	8,64	01:16:24
79	501	PERLLA SANTOS CESCONE	F4044	17	RUNENDORFINA	00:06:57	8,64	01:16:25
80	422	JERUSA DE MOURA ELIAS	F6064	1	SEM	00:07:00	8,56	01:17:05
81	513	RITA DE CASSIA PEREIRA OLIVEIRA	F6569	3	TIME DECATHLON	00:07:09	8,39	01:18:40
82	597	IRIZ CRISTINA ROSA PIMENTEL GARCIA	F3539	14	CQC	00:07:13	8,32	01:19:20
83	396	GEANE DOS SANTOS SILVA	F4549	15	PEROLA CAPIXABA	00:07:13	8,31	01:19:25
84	319	ASPASIA KRAUS	F5559	7	CIRCUITO GAMELEIRA ECO SAÚDE DE NOVA	00:07:16	8,26	01:19:54
85	303	ADRIANA RODRIGUES DE JESUS	F4549	16		00:07:22	8,15	01:21:01
86	379	ELIZANGELA TAVARES MELILA	F4044	18	PEROLA CAPIXABA	00:07:23	8,13	01:21:11
87	330	CINEDE GARCIA DUTRA MOREIRA	F4549	17	EDIPO RUNNING	00:07:23	8,12	01:21:16
88	512	RITA ADELIA PANDOLFI NEVES	F6064	2	TEAMFR	00:07:24	8,10	01:21:29
89	370	ELAINE ALINE DE BRITO NASCIMENTO	F3539	15	SAPES	00:07:25	8,08	01:21:39
90	443	ROBERTI JOYCE KAROLINA RIBEIRO BAIENSE	F3539	16	JOYRUNNER	00:07:33	7,96	01:22:58
91	565	CARLA APARECIDA DO NASCIMENTO MOZEP	F2529	4	ESTÉTICA ELISANGELA SOAPES	00:07:36	7,89	01:23:36
92	607	JULIANA DO CARMO GONÇALVES DE ARALLIO	F3034	9	ESTÉTICA ELISANGELA SOAPES	00:07:36	7,89	01:23:38
93	584	ENY MARIA DOMICIANO	F6569	4	ENICIO PEREIRA	00:07:37	7,88	01:23:46
94	403	GLORIA PESSOA	F5054	7		00:07:38	7,87	01:23:54
95	521	RONYVAN SILVA	F4044	19	RAIOS RUNNING	00:07:50	7,66	01:26:13
96	331	CLAUDIA MARCIA COSTA	F4549	18	RAIOS RUNNING	00:07:50	7,65	01:26:14
97	540	SUELI GOMES DA SILVA	F5054	8	ANCHIETA RUNNES	00:07:53	7,61	01:26:47
98	593	HELIETE B. DE OLIVEIRA F.	F5054	9	ENICIO PEREIRA	00:07:55	7,57	01:27:08
99	329	CARMEM LUCIA FARIA	F4549	19		00:07:56	7,56	01:27:18
100	405	HELZILENE ARAUJO DE SOUZA	F4044	20	RAIOS RUNNING	00:07:58	7,53	01:27:38
101	547	VALQUIRIA PETRI VIEIRA	F4044	21	É NOIS	00:07:59	7,52	01:27:44
102	358	DULCINEIA ALVES LUCIANO DA SILVA	F6569	5		00:07:59	7,50	01:27:58

103	25	VILMA BARROS BELLOTE	F5054	10	ESTÉTICA ELISANGELA SOAPES	00:08:05	7,42	01:28:54
104	542	THAIS LOPES DA ROCHA	F2529	5	AMACORR	00:08:14	7,29	01:30:31
105	525	SALVINA SILVA BORGES	F6064	3	FOGO ETERNO	00:08:23	7,15	01:32:18
106	538	SILVANIA BRIGIDA	F5559	8	CQC	00:08:38	6,95	01:35:01
107	1	REGINA MARIA CARDOSO AMARAL	F6569	6	PREFEITURA MUNICIPAL DE SÃO JOÃO DA BARRA	00:08:52	6,77	01:37:32
108	390	FERNANDA OLIVEIRA DE SOUZA MENDES	F4044	22	MANHUMIRIM RUNING	00:08:52	6,76	01:37:36
109	38	ADELMIRA VENTURA ADÃO	F7099	1		00:08:58	6,69	01:38:40